

BISA 2025 Belfast Guide

by the School of HAPP Conference Team

Food and drinks:

A map with suggestions for eating, drinking and visiting while attending BISA 2025 – (courtesy of Dr Viviane Gravey)

https://www.google.com/maps/d/u/0/edit?mid=1RB_vSx_ekXIzCU9MEcPc4vTw-1-9mzw&usp=sharing

Sightseeing:

Visit Belfast has a wealth of suggestions for activities, events and sightseeing ideas: <https://visitbelfast.com/spring-in-belfast/>

If you wish to discover Belfast's history and culture by foot, see the full list of history tours here <https://visitbelfast.com/article/history-tours-in-belfast/>

This music tour is also very popular: <https://visitbelfast.com/event/belfast-music-bus-tour/#dates>

Running

For those interested in running, the team at [Queen's Sport](#) suggests the following scenic routes.

From the PEC at Queen's University:

<https://connect.garmin.com/modern/activity/18205071323>

<https://connect.garmin.com/modern/activity/18391359688>

<https://connect.garmin.com/modern/activity/17263498001>

<https://connect.garmin.com/modern/activity/17107311311>

From the Lanyon Building, Queen's University:

<https://connect.garmin.com/modern/activity/17687002071>

There is also a 10k option taking in a lot of the sights of Belfast:

Belfast Scenic City 10k Tour - <https://www.belfastrunning.com/run-routes>

This shows many of Belfast City's main landmarks, with an easy to follow long loop.

Best done during the day light to appreciate sites, although the whole route would be well lit at night.